



Healthcare Risk Professionals Impact, Influence, Innovate



Raise Your Banner

www.raiseyourbanner.org

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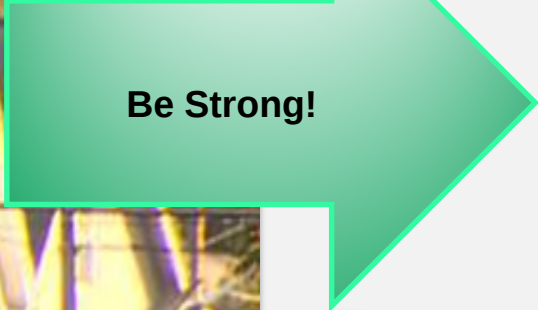


Presenter(s)

Josh Robishaw

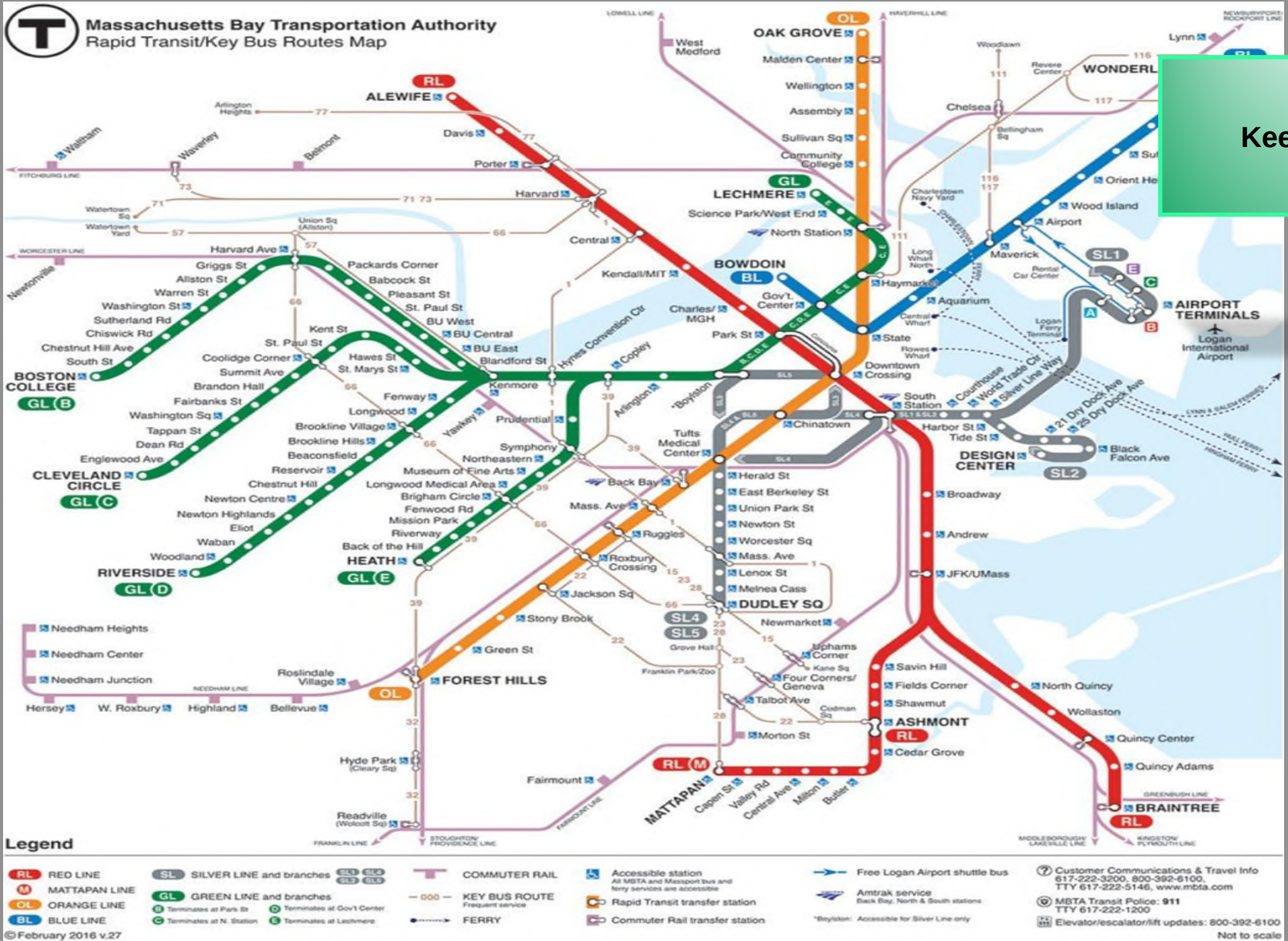
Please refer to the Presenters' Bios available on the table and online for more information





Be Strong!





Keep Going!

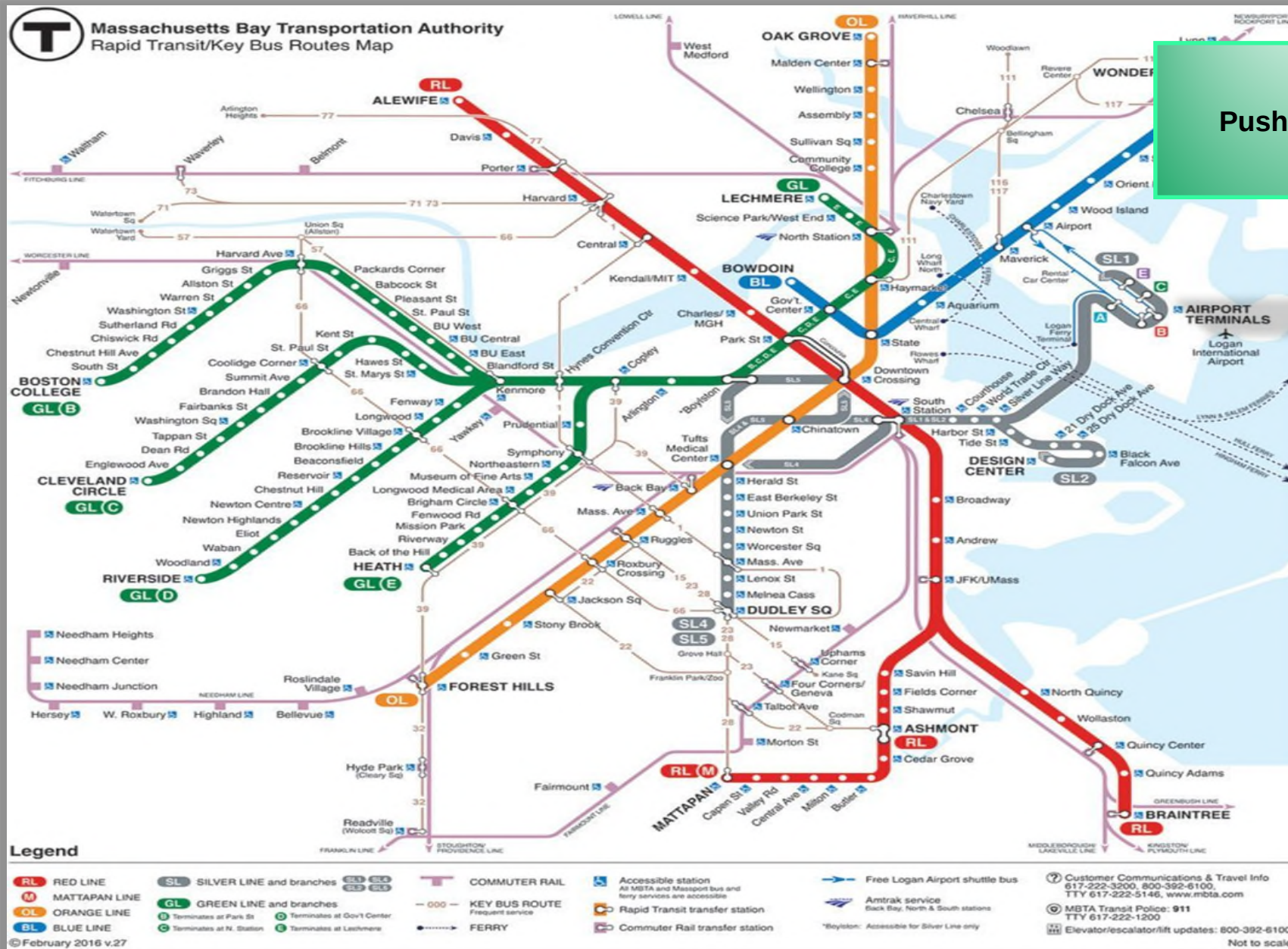


Teamwork!



Teamwork!





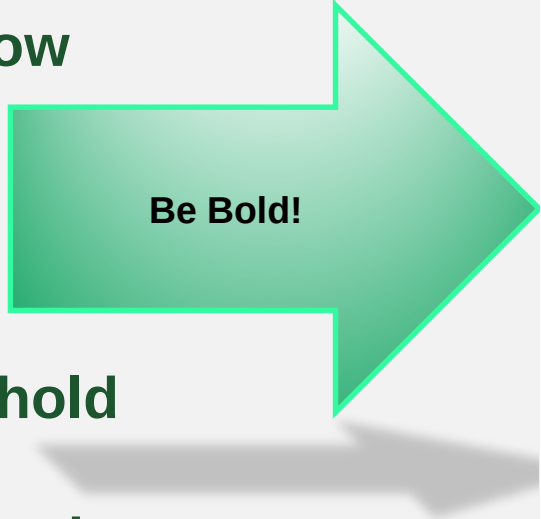
Push Forward!



Be Vulnerable!



Every year of our lives, we add well over half a million minutes to our banks of experience. How we organize, chronicle, interpret, imbue them with meaning, share these experiences and weave them together into “stories” will influence how **RESILIENT** we become.



Be Bold!

We don't just tell stories, stories tell us. The tales we tell hold powerful sway over our memories, behaviors and even identities. Stories are fundamental to our being. Once you tell a story, it is hard to get out of that story's framework. Over time, the stories we tell tend to get more dramatic. The stories we tell others and to ourselves grip our imagination, impregnate our hearts and animate our spirit.

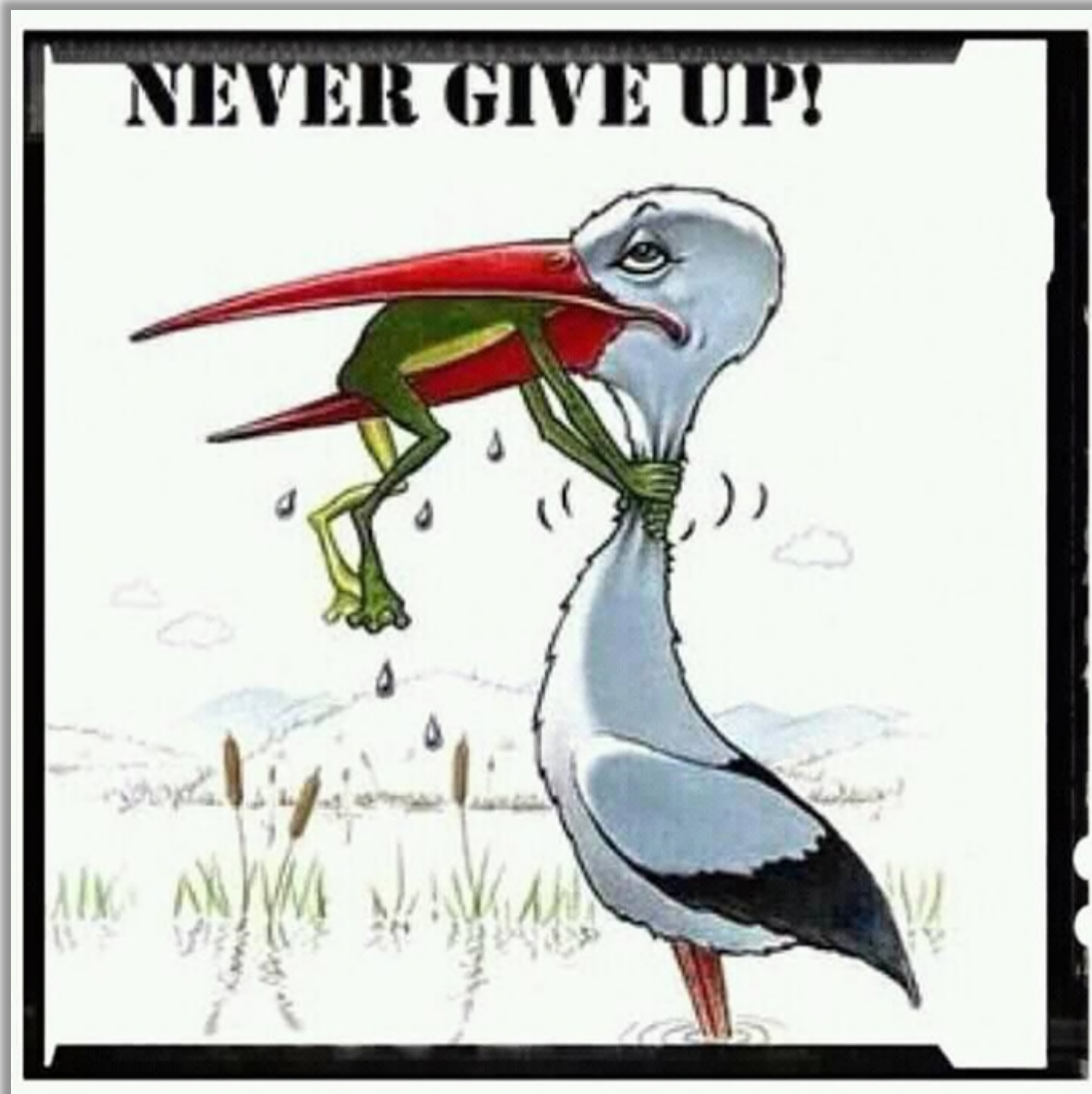
From Dr. Donald Meichenbaum's Roadmap to Resilience





HOW ARE YOU DOING?

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Questions/Discussion

A great question
doesn't simply inform...
it enlightens.

